

# GRANT COUNTY

## 4-H BOOK GUIDELINES

### COMPLETING YOUR 4-H BOOK

It is suggested that your 4-H Record Book be in an expandable 4-H Book cover. These can be purchased at the 4-H Office for \$4.00 each. You may also use a three-ring binder. **Previous year records should remain in your book; put your current year record on the top.** After your green binder is full, please move oldest records to a 3-ring binder or purchase another green folder. Keep your records in order with the newest year on top.

MUST include the following in this order:

1. \_\_\_ Introduction Page with picture of yourself
2. \_\_\_ Calendar of Meetings/Event participated in
3. \_\_\_ 4-H Accomplishments
4. \_\_\_ Project Sheet & Livestock Financial Forms for each enrolled project, in alphabetical order
5. \_\_\_ My 4-H Story (Remember, 4-Her and a parent must sign!)
6. \_\_\_ Pictures and newspaper clippings relating only to your 4-H year. (Please include Community Service and project area photos!)
  - Don't forget to include the Recognition Event article from the previous year! This can be obtained from the 4-H Office!
  - Underline your name in the newspaper clippings.

#### Things to Remember:

- Include a picture of yourself on the front page.
- This is a record of your 4-H year; shows 4-H and project completion.
- Set goals early and complete your Calendar of Events as you go.
- Apply for Recognition awards by September 30th. The following awards have separate applications:
  - Kay Wolff Youth in Action
  - Livestock Award
  - Pat Seehafer Memorial
  - Top Horseman
  - Leader's Scholarship
  - Twin Brooks Threshing Show Crop Award
  - Citizenship Washington Focus (CWF) Trip

#### DO NOT include:

- Ribbons and Critique Sheets
- Non 4-H information and pictures

***4-H Record Books are due to the Grant County 4-H Office by September 30<sup>th</sup>!***



# Grant County



## 4-H Member's Annual Report

Year: \_\_\_\_\_ to \_\_\_\_\_

Place a photo  
of yourself  
here!

Name: \_\_\_\_\_ Club: \_\_\_\_\_

Address: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age (on Jan. 1 of current club year): \_\_\_\_\_ Years in 4-H: \_\_\_\_\_

Parent's/Guardian's Name: \_\_\_\_\_

Club Leaders: \_\_\_\_\_

### Club Officers:

President: \_\_\_\_\_ Vice President: \_\_\_\_\_

Secretary: \_\_\_\_\_ Treasurer: \_\_\_\_\_

Reporter: \_\_\_\_\_ Other: \_\_\_\_\_

### Other Members: (not already listed above)

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Projects Enrolled (in alphabetical order): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

<b>My 4-H Goals</b>	<i>I would like to do the following in the 4-H this year:</i>

<b>My Club Goals</b>	<i>As a club, what would you like to achieve together:</i>

## 4-H Meetings/Activities

*Use this area to make brief notes about responsibilities, accomplishments and leadership roles at 4-H club meetings, project meeting and other 4-H activities (i.e. community service)*

Month	Attended	Club Meeting	Other Activities this Month
October		Date:	
November		Date:	
December		Date:	
January		Date:	
February		Date:	
March		Date:	
April		Date:	
May		Date:	
June		Date:	
July		Date:	
August		Date:	
September		Date:	

# 4-H Accomplishments

*Indicate the statements completed with an X.*

- \_\_\_\_\_ 1. First year members: I learned the 4-H pledge.  
\_\_\_\_\_ 2. I was host or hostess for our club.  
\_\_\_\_\_ 3. I led the pledges at our meeting.  
\_\_\_\_\_ 4. I went to:            4-H Camp \_\_\_\_\_ 4-H Conference (TLC) \_\_\_\_\_ Performing Arts \_\_\_\_\_  
\_\_\_\_\_ 5. I was elected \_\_\_\_\_ of our club.  
\_\_\_\_\_ 6. I served on the following committees (club, county, or state):

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

- \_\_\_\_\_ 7. I promoted 4-H in the following ways:
- |       |       |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

- \_\_\_\_\_ 8. I was involved in church, school, and community activities other than 4-H. (Please list)
- |       |       |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

# 4-H

# Project Report

In the boxes below for each year, list number of articles made, quarts canned, garments constructed, acres planted, exhibits entered, activities/event pertaining to project, etc.

**Year:**

**Year:**

**Year:**

<b>My goals for this project or program:</b>	<b>My goals for this project or program:</b>	<b>My goals for this project or program:</b>
<b>Other experiences, skills learned in this project and the results:</b>	<b>Other experiences, skills learned in this project and the results:</b>	<b>Other experiences, skills learned in this project and the results:</b>

<b>Public Presentations</b>	<i>Demonstrations, Illustrated Talks, Public Speaking, &amp; Project Why.</i>		
<b>Year</b>	<b>Title of Demonstration</b>	<b>Year</b>	<b>Title of Demonstration</b>

<b>Youth-in-Action</b>	<i>Showmanship, Fashion Revue, Special Foods, or Performing Arts. Indicate your participation as an individual or team member relating to the project area.</i>				
<b>Year</b>	<b>What</b>	<b>Placings</b>	<b>Year</b>	<b>What</b>	<b>Placings</b>

<b>Judging</b>	<i>Indicate your participation as an individual or team member relating to the project area.</i>				
<b>Year</b>	<b>What/Where</b>	<b>Total Score</b>	<b>Year</b>	<b>What/Where</b>	<b>Total Score</b>

<b>Other Recognition</b>	<i>State any awards, ribbon placings (county or state), project pins, and judges choice awards received relating to this project area.</i>				
<b>Year</b>	<b>What</b>	<b>Year</b>	<b>What</b>		

<b>Non 4-H Events</b>	<i>State any non 4-H event relating to this project area.</i>				
<b>Year</b>	<b>What/Where</b>	<b>Year</b>	<b>What/Where</b>		

# Livestock & Small Animal Financial Form

*This form must accompany the 4-H Project Report.*

Project Area: \_\_\_\_\_

Years in Project: \_\_\_\_\_

List animals used as part of your 4-H project.

Animal's Name	Sex	Age	Breed	Owned or Leased

**A. Purchase and Sale of Animal**

*Keeping record of expenses and profits is an important part of your record book. Start here, by including the initial cost to purchase your animal. Also include any income from the sale of your animal. Do not include premiums received from open shows.*

Purchase Cost of Animal: \$ \_\_\_\_\_ (A)

Sale of Animal (Include 4-H Livestock Sale): \$ \_\_\_\_\_

**B. Feed Records**

*The purpose of feed records is to help you understand your animal's nutritional needs. Use this record to keep track of how much your animal is eating, what it is eating, and the cost to feed the animal. Only youth in the senior division are required to calculate the feed cost.*

Animal Name	Type of Feed	Pounds/ Cups per day	Cost per day <i>(Sr. Division Only)</i>	Total Cost <i>(for current 4-H year)</i>
<b>Total Feed Cost (B.)</b>				<b>\$</b>

*Continued on next page*

**C. Health Records**

*The purpose of health records is to help you understand and keep record of any vaccinations, medications, or health treatments your animal needed over the 4-H year. Include here: wool shearing, hoof trimming, vaccinations, medications, semen cost, etc.*

Animal Name	Date	Treatment Given	Cost
<b>Total Health Cost (C.)</b>			<b>\$</b>

**D. Equipment and Labor Records**

*The equipment and labor record is used to help you keep an inventory of what supplies you have or needed to purchase to care for your animal. It also helps you keep track of how much time you have spent with your 4-H animal. Items to include: clippers, halters, ropes, brushes, feed pans, etc.*

Item	Had	Purchased/Cost	Labor (Hours)		
			Month	Training	Grooming
<b>Total Equipment Cost (D.)</b>		<b>\$</b>			

**Grand Total Expenses:**

- A. Total Animal Purchase Cost \$ \_\_\_\_\_
- B. Total Animal Feed Cost \$ \_\_\_\_\_
- C. Total Animal Health Cost \$ \_\_\_\_\_
- D. Total Animal Equipment Cost \$ \_\_\_\_\_
- Total Cost for the 4-H Year \$ \_\_\_\_\_

# My 4-H Story

Your 4-H story should be written in complete sentences. Use these questions as a guide to help you write your story: what have your 4-H experiences have meant to you? What was your most engaging project area? What project area was the most challenging? What did you learn in 4-H that relates to other parts of my life? What are your plans for the next 4-H year? (Use extra pages if needed.) Write your 4-H Story in paragraph/story form.

*Your 4-H record book is an organized presentation of what you have learned and accomplished in 4-H. It is a useful tool for determining your own progress and personal growth.*

### Statement by 4-H Member

I have personally prepared this report and believe it to be correct.

**Date:** \_\_\_\_\_

**Member Signature:** \_\_\_\_\_

### Approval of Report

I have reviewed this report and believe it to be correct.

**Date:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_